

EYE of the Storm

JUNE



Schuler School

Email: janiceherman@prrd8.ca

Website: schulerschool.ca

Location: 20 1st Ave W, Schuler AB T0J 3B0

Phone: [403-839-3732](tel:403-839-3732)

Facebook: <https://www.facebook.com/SchulerSchoolPRSD8/>

Twitter: [@SchulerPRSD8](https://twitter.com/SchulerPRSD8)

JUNE CALENDAR



June



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Dakota 1
2	3 Town Cleanup	4 Baseball Charter SZJHAA Track Zones	5	6 Logan	7	8
9	10	11 Baseball Charter	12 PreK/K Field Trip Gr. 9 LA Part B	13 Jax & Mrs. Wittig Gr. 9 Math Part A	14 Donuts with Dad	15 Oliver
16	17	18 Gr. 9 Math Part B	19 Gr. 6 Social Gr. 9 Social	20 School Council Mtg. @ 9 AM Gr. 9 Science	21	22
23 Ayden	24 Judy & Mr. Newby Gr. 6-9 Outdoor Ed Trip	25 Gr. 1-4 Field Trip Gr. 6-9 Outdoor Ed Trip →	26 Willow Gr. 1-5 Calgary Zoo →	27 Last Student Day REPORT CARDS	28 Last Staff Day	29

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PLEASE NOTE

Lyle's Lowdown!

As we embark upon the month of June, I wanted to take a moment to reflect on the journey we've shared throughout this academic year. Despite the challenges we've faced, both as individuals and as a collective community, it's inspiring to witness the resilience, determination, and unwavering spirit that define us.

June marks a time of transition and reflection. For our Grade 9 students, it symbolizes the culmination of years of hard work and dedication, as they prepare to embark on new adventures and embrace exciting opportunities that lie ahead.

For those returning in the fall, June offers a moment to pause and celebrate the growth and accomplishments achieved throughout the year. As we look back on the memories we've created, let us also look forward with optimism and enthusiasm for the possibilities that the future holds. As we navigate the final weeks of the school year, let us continue to support and uplift one another, cherishing the moments we share and embracing the bonds that unite us as a school community. Together, we have weathered storms, overcome obstacles, and emerged stronger and more resilient than ever before.

Thank you for your dedication, your passion, and your commitment to excellence. As we bid farewell to another school year, let us do so with gratitude in our hearts and hope for the bright future that awaits us.

Finally, a huge thanks to our School Council, parent community and community volunteers, for your contributions to making this year a huge success.

Wishing you all a joyful and fulfilling month of June.

Warm regards,

School Pick-up/Drop-off

Please ring the door buzzer when you arrive to pick-up your child during the school day. Once you have arrived and buzzed, we will call your child down to be signed out. On occasion if Mrs. Herman is away for the day, you may have to ring more than once or if no response, call a staff member on their cell phone. To minimize disruptions to classes, we have asked students to *remain in class* until you have arrived.



Mrs. Herman does not always have her cell phone on her and may miss your texts so this is the most efficient way to alert us you are here.

When dropping off your child, please be sure you ring the buzzer as well and make sure they get access inside and are signed in for the remainder of the day.

If you wish to print a copy of the above calendar for your fridge, go to our website at

- <https://schuler.myprps.com>
- take a 'snip' snapshot
- print from your snip menu

Schuler School Calendar

June Grade 9 Farewell (This will be a private, invite only event)
June 14..... Donuts with Dad @ 8:45 AM
June 20.....School Council Meeting @ 9 AM
June 24, 25, 26.....Outdoor Ed Field Trip Gr. 6-9
June 25.....Field Trip Gr. 1- 4
June 26.....Calgary Zoo Gr. 1-5
June 27..... Report Cards, Students Last Day - Early Dismissal @ 2:00 PM
June 29..... Staff Last Day

PAT EXAM SCHEDULE

Monday, May 13 ~ Gr. 9 LA (Part A)
Wednesday, June 12 ~ Gr. 9 LA (Part B)
Thursday, June 13 ~ Gr. 9 Math (Part A)
Tuesday, June 18 ~ Gr. 9 Math (Part B)
Wednesday, June 19 ~ Gr. 6 Social
~ Gr. 9 Social
Thursday, June 20 ~ Gr. 6 Science
~ Gr. 9 Science

Prairie Rose Public Schools Calendar



Prairie Rose Public Schools 2023-2024

August 2023

S	M	T	W	TH	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
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September 2023

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October 2023

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November 2023

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December 2023

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January 2024

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February 2024

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March 2024

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April 2024

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May 2024

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June 2024

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SI/PD Days No School	
Statutory Holidays	
Truth and Reconciliation	
Wellness/Holiday No School	
Teachers' Convention	
First/Last Day of Classes	
Early Dismissal @ 2pm	
Semester 2 Begins	

www.myprps.com

MAY 29TH UPDATE!!!!!!!!!!!!!!

PLEASE NOTE: At the May 29th board meeting they added 2 new SI dates. See updated calendar below!!

November 7 - SI Day

June 6 - SI Day

2024-2025 SCHOOL CALENDAR



Prairie Rose Public Schools 2024-2025

August 2024

S	M	T	W	TH	F	S
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September 2024

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October 2024

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November 2024

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December 2024

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January 2025

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February 2025

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March 2025

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23	24	25	26	27	28	29
30	31					

April 2025

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20	21	22	23	24	25	26
27	28	29	30			

May 2025

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025

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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30			26		

SI/PD Days No School	Blue
Statutory Holidays	Red
Truth and Reconciliation No School / SI Day	Orange
Wellness/Holiday No School	Green
Teachers' Convention	Yellow
First/Last Day of Classes	Red
Early Dismissal @ 2pm	Purple
Semester 2 Begins	Blue

Updated: May 29, 2024

Student of the Month

This month there were two students who truly deserved the Schuler Storm Award, so they will BOTH be receiving the Schuler Storm Award for the month of May.



Grade 1/2 ~ Anita Klassen

Anita is receiving the Schuler Storm Award this month for showing incredible kindness towards her classmates, always offering a helping hand and a smile to those in need. Her caring nature brightens up the classroom and creates a



Grade 1/2 ~ Sloan Green

Sloan is receiving the Schuler Storm Award this month for his hard work and determination. Sloan is a hard worker who never gives up, showing his strong growth mindset in any activity that he takes part in. Great job Sloan!



Grade 3/4 ~ Logan Cote

Our grade 3 and 4 Schuler Storm winner has worked really hard to improve this year. He is always caring and kind to others. He is positive and tries his best. He quite often draws a detailed picture and explains it to us. Logan is always willing to share with others and

welcoming environment for everyone. Great job Anita!

enjoys group work, science projects and experiments. Our Schuler Storm winner is **Logan Cote**.



Grade 5/6 ~ Dakota Straub

to Dakota for being named the 5/6 Schuler Storm Award recipient for the month of June! Dakota exemplifies dedication by staying on task and taking her schoolwork seriously. Her commitment to academic excellence shines through in all she does. Additionally, Dakota's compassion and empathy towards others make her a true role model in the school community. Her ability to balance academic success with kindness and understanding sets her apart. Dakota's hard work and positive attitude make her a deserving recipient of this prestigious award. Well done, Dakota!

Donuts with Dad

Please join us at 8:45 AM on Friday, June 14 for donuts with Dad!



Grade 7-9 ~ Benny Loewen

This month's Schuler Storm award goes to Benny Loewen. Benny is a hard worker and has showed great ability in Language Arts this year. Benny is very creative and this shows up in his narrative writing. Schuler School will miss your academic prowess next year, as well as your skills on the basketball court. Great job Benny.



Schuler Grade 9's ~ Bon Voyage

Congratulations to our Grade 9 students as they complete their time here and move on to a new phase of their life. We wish you all the best!!

Tyler Cote
Alexa Gallwey
Benny Loewen
Abby Munsch
Summer Straub

EBHS Grads

We want to congratulate the following Schuler students at EBHS on their Grade 12 graduation. We still hold many fond memories of your days here at Schuler and wish you all the best as you begin your new adventure!



Albrecht, Kadence
Beck, Dannica
Jensen, Taiya
Loewen, Trudy
Pleau-Stewart, Kelsie
Schick, Anna
Schneider, Destinee

Sports Update



Track & Field

We want to congratulate all our Schuler students who participated in our Schuler School track meet and all the volunteers who helped make it a huge success! We also want to recognize our junior high students who attended the South eastern athletic association track meet in Medicine Hat we had several students make the top 6 in several events and want to especially recognize Alexa Galaway who finished 6th overall in Juvenile Girls Category and will be representing Schuler at the Zone competition next week in Discus and Shotput.

Track & Field Aggregate Winners



Record Breakers



Cities Track ~ Placed 6th Overall



School fees are past due. If you have any questions or concerns regarding the fees, please call Lyle or Janice at the school.

I highly encourage all parents to the link below for SchoolCash Online to pay for their school fees as well as any upcoming expenses.

If you have any questions or concerns regarding the fees,



If your child is going to be absent at any time, please call the school at 403-839-3732 ext. 8. There is an answering service available 24 hours per day.

We will be following the same protocol as the end of last year if you are picking up or dropping off your child during the school day. Our doors are locked so please ring the doorbell or call to let us know you are here.



We will continue to offer our hot lunches online only now as we did last year. **In order to access the hot lunch YOU MUST SIGN UP FOR SCHOOLCASH ONLINE.** I cannot set this up on my end for you, YOU must do it. Please select the link below to do this and select 'REGISTER'. After this is done you will receive emails each time something is available to be purchased. If you have questions or need help feel free to give me a call.

please call Lyle or Janice at the school.



SchoolCashOnline.com: Welcome

Why Use SchoolCash Online? Convenient Make secure payments 24/7 from the comfort of your home Easy To Use Online shopping with various payment methods Safe Your child won't be carrying cash or checks to and from school Saves Time Manage your school expenses and view payment history in one place

🔗 prrdweb.schoolcashonline.com

School Council

Next Meeting - Thursday, June 20th @ 9 AM



School Council -

This meeting will be held at the school. *Adults only please.*

All parents are encouraged to attend this meeting. It's your school, come be a part of it!

- Get school updates
- Share ideas to build our school community
- Have your voice heard
- Participate in decisions that impact student learning

Thanks

- Thank you to Lance for all his time and expertise in helping with our Baseball Academy. He has been instrumental to it's success!
- Thanks so much to Kelly, Amanda and Kara for the amazing hot lunch from King Bagel earlier this month.
- Thank you to Amie, Jamie, Danielle & Sarah for doing the hot lunch and dinner for our Exhibition of Learning, and we can't forget Shaun for his expertise in BBQ'ing that day as well!!
- A shout-out to all our parents who helped make our Track & Field day such a huge success and for weathering the storm.....literally!! We could not make this day happen without you!!
- A huge thanks to everyone including parents, School Council and community volunteers who have helped make this year great for our kids!! It really does take a village.....

Hot Lunch Schedule

Welcome to a New School Year!

With the return last year of regular hot lunches the Schuler School Council has returned to the previous set up for Hot Lunches. Each Month a few parents will be responsible for organizing a Hot Lunch for the school. Your group can decide if it will be a brought in Hot Lunch from a restaurant or if your team would like to prepare the lunch for the students. You will also be responsible for coordinating a date with Janice so it works with anything that may be going on in the school, and providing her with the details in ample time so she can set it up on the School Cash Online payment, as well she will distribute the information to the students. ECS and JK also enjoy participating in our Hot lunches so we do try and schedule them for days those students are at school. We usually aim for at least a week's notice. Each month will have a 'seasoned' parent to help lead the group. It is your responsibility to find a replacement person if you are unable to fulfill your month. There is a binder available at the office for you to review previous hot lunches not catered and an idea of costs. If you have any questions, please reach out to a member of the Schuler School Council. Please check your email for a reminder at the beginning of the assigned month with your lead contact.
Thank you!

Month	Lead	Assigned Families
October	Elly Herrmann	Elise Bender, Kristine Chalifoux, Allison Foley
November	Jamie Straub	Kandy Bender, Justine Enslin, Amber McLean
December	Laura Jans	Jackie Hanson, Danielle McNeill, Jenn Reiger
January	Stephanie Green	Lana Cavan, Kathleen Lee, Connie Fischer
February	Remy Campbell	Sheldon Corbel, Michelle Schafer, Dawn Straub
March	Jenn Beck	
April	Chelsi Bader	Kara Ellik, Amanda Herrmann, Kelly Neigum
May	Amie Thompson	Estel Cote, Sarah Kirschenman, Wade Munsch
June	Jenn Zahn	Amy Ehret, Chelsea Hart, Dana Brock



KIWANIS RUN JUMP THROW T&F MEET

Medicine Hat Rotary Track – Friday, June 14, 2024
4:00 p.m. – 9:00 p.m.

Location: 1501 Division Ave N – behind Crescent Heights High School

Please note: ENTRY DEADLINE is WED, June 12, 2024

Email entry to Meet Director, Marg Derbyshire at mderb@shaw.ca

No prior track experience required – entry is Free!

REGISTRATIONS WILL NOT BE ACCEPTED ON THE DAY OF THE MEET
Concession will be available. Please bring your own water bottles, fill-up stations available

Last Name _____ First Name _____
Address _____ City _____
Phone _____ Parent Email _____
Birthdate: Yr _____ Mo. _____ Day _____ Male Female
School _____ Age this year (as of Dec 31, 2024) _____

Participants can enter either "two track and one field" or "two field and one track event".
Please circle the events you wish to participate in at this meet.

Register in the category for your age on THIS YEAR'S BIRTHDAY
CIRCLE THE EVENT NUMBERS

Boys / Girls 7- 8 years old (Born in 2016-2017)

1. 50 Metre Dash
2. 100 Metre Dash
3. 200 Metre Dash
4. 400 Metre Dash
5. Standing Long Jump
6. Softball Throw

Boys / Girls 9-10 years old (Born in 2014-2015)

1. 50 Metre Dash
2. 100 Metre Dash
3. 200 Metre Dash
4. 400 Metre Dash
5. Standing Long Jump
6. Softball Throw

Boys / Girls 11-12 years old (Born in 2012-2013)

1. 100 Metre Dash
2. 200 Metre Dash
3. 400 Metre Dash
4. 800 Metre Dash
5. Running Long Jump
6. Softball Throw

Boys / Girls 13-14 years old (Born in 2010-2011)

1. 100 Metre Dash
2. 200 Metre Dash
3. 800 Metre Dash
4. 1600 Metre Dash
5. Running Long Jump
6. Softball Throw

NOTE: If time permits, RELAYS will be held at the end of the Meet. Registration for Relay teams will happen the day of the Meet. Please register by 7:00 pm.

Emergency Information: Please indicate any medical conditions / contact #'s

PRINT: Parent or Guardian

Participant

Run Jump Throw T&F SCHEDULE 2024

TIME	AGE	TRACK EVENT	TIME	AGE	FIELD EVENT	TIME	AGE	FIELD EVENT
4:00	Girls 13-14	1600 M Run	Conflicting times of Field event with Track event: check in at your field event and tell the official there you have a track event. Ask for one throw or jump. Return immediately after your track event. If the field event is finished, you will NOT get additional throws or jumps.					
4:10	Boys 13-14	1600 M Run	4:00	Boys 9-10	Standing Long Jump Pit #1 South end	Girls 9-10		Ball Throw Area #1
4:15	Girls 7-8	50 M Dash	4:30	Boys 11-12	Running Long Jump Pit #2 North end	Girls 11-12		Ball Throw Area #2
4:25	Boys 7-8	50 M Dash	5:00	Boys 13-14	Running Long Jump Pit #1 South end	Girls 13-14		Ball Throw Area #1
4:30	Girls 9-10	50 M Dash	5:30	Boys 7-8	Standing Long Jump Pit #2 North end	Girls 7-8		Ball Throw Area #2
4:35	Boys 9-10	50 M Dash	6:00 FIELD SUPPER BREAK					
4:45	Girls 7-8	400 M Dash	6:30	Girls 9-10	Standing Long Jump Pit #1 South end	Boys 9-10		Ball Throw Area #1
4:55	Boys 7-8	400 M Dash	7:00	Girls 7-8	Standing Long Jump Pit #2 North end	Boys 7-8		Ball Throw Area #2
5:05	Girls 9-10	400 M Dash	7:30	Girls 11-12	Running Long Jump Pit #1 South end	Boys 11-12		Ball Throw Area #1
5:15	Boys 9-10	400 M Dash	8:00	Girls 13-14	Running Long Jump #2 North end	Boys 13-14		Ball Throw Area #2
5:25	Girls 11-12	400 M Dash						
5:35	Boys 11-12	400 M Dash						
5:45	Girls 7-8	100 M Dash						
5:50	Boys 7-8	100 M Dash						
6:00	Girls 9-10	100 M Dash						
6:05	Boys 9-10	100 M Dash						
6:15	Girls 11-12	100 M Dash						
6:20	Boys 11-12	100 M Dash						
6:30	Girls 13-14	100 M Dash						
6:35	Boys 13-14	100 M Dash						
6:45 TRACK SUPPER BREAK								
7:15	Girls 11-12	800 M Run						
7:20	Boys 11-12	800 M Run						
7:25	Girls 13-14	800 M Run						
7:30	Boys 13-14	800 M Run						
7:40	Girls 7-8	200 M Dash						
7:45	Boys 7-8	200 M Dash						
7:50	Girls 9-10	200 M Dash						
7:55	Boys 9-10	200 M Dash						
8:00	Girls 11-12	200 M Dash						
8:05	Boys 11-12	200 M Dash						
8:15	Girls 13-14	200 M Dash						
8:20	Boys 13-14	200 M Dash						
If time permits		Relays						

2024 Southern Alberta Summer Games
July 3rd-6th Town of Coaldale
Registration Deadline: May 31st

Hello athlete!

We are thrilled to announce that the Summer Games are back for the first time since 2019, and this year, we're bringing you more action than ever before! This year the games are being held in the Town of Coaldale from July 3rd-6th, and we want you to be there. Whether you're an athlete, a volunteer, or just looking for some fun in the sun, there's a place for everyone. The games are an amazing time for families and individuals of all ages to come together in a "grassroots" styled event and have fun through many different sports and activities.

As you all know the games are a great way to start off the summer, with a good old family affair, and this of course, is because there are events geared toward children from U8, all the way up to the grandparents! We are always encouraging new people to come out and represent their regions as well as returning athletes that have already experienced this wonderful event.

The events this year will be the 3/5/10 Km Run, 3 on 3 Basketball, Track and Field, Badminton, Baseball, Beach Volleyball, Cribbage, Pickle Ball, Darts, E-sports, Equestrian, Flag Football, Golf, Lacrosse, Mini Soccer, Mountain Biking, Photography, Soccer, Swimming, and Weightlifting. A fee of \$25.00 will allow the participant to choose 3 events, and if the participant selects Track and Field, they can choose up to 5 individual events, plus the 4 x 100 Family Relay, plus an additional relay. Swimming participants may also select up to 5 events.

You can check out all the information and register for the Summer Games by accessing the website through the link below, or by scanning the QR code at the bottom of the page. All registration and payment processes are done online, making it convenient for you to sign up and get ready for the excitement ahead. Simply visit our website, fill out the registration form under Cypress County, and secure your spot in your favorite events.
<https://www.southernalbertasummertimegames.ca>

Any questions can be directed to me personally, Jonah Carlsson, the Summer Games coordinator for Cypress County, through email at jonah.carlsson@cypress.ab.ca, at the Cypress County office or the office at 403-526-2888.

Bring out everyone you know who either resides in, or goes to school in Cypress County. Hope to see you all out this year!

Thanks,

Jonah Carlsson



YOUTH FARM EXPERIENCE

IRVINE SCHOOL AGRICULTURAL
DISCOVERY CENTRE

1-week day camp with hands-on farm activities, live animal encounters, farm-to-table showcase, and environmental education.

AGES 10-14

July 8-12 or August 12-16
Bussing Provided from
MHC Campus



SCAN ME



MEDICINE HAT
COLLEGE

CONTINUING STUDIES

Our service area:

Services may be provided in the home, in clinics, at community health sites or childcare facilities throughout urban and rural Southern Alberta.



Is there a cost for services?

There is no cost. All assessments and treatments are covered by your Alberta Health Card.



Another Option:

Various webinar topics for parents or any caregiver in the community at AHSweb.ca/MHA/Prwebinars



Please contact our department to make an appointment.

Children's Allied Health

Phone: 403-529-8966
Fax: 403-529-8859

Behavioural Services

Phone: 403-502-8257
Fax: 403-528-8135

Audiology & SLP

Phone: 403-528-8175
Fax: 403-528-8190

Health Link Alberta
Call 811



Children's Allied Health

Supporting children, youth, and families in Southern Alberta communities.





TEEN SUPPORT GROUP IN PARTNERSHIP WITH BEYOUTH CENTRE

LOCATION; BEYOUTH CENTRE

UPCOMING DATES;
Nov 8TH, 2023
DEC 6TH, 20TH, 2023
JAN 17TH, 31ST, 2024
FEB 14TH, 28TH, 2024
MAR 13TH, 27TH 2024
APRIL 10TH, 24TH 2024
MAY 8TH, 22ND 2024
JUNE 5TH, 19TH, 2024

SOME TOPICS OF DISCUSSION

- ANXIETY/DEPRESSION
- GRIEF AND LOSS
- BOUNDARIES/CONSENT
- HEALTHY RELATIONSHIPS
- GENDER IDENTITY
- SELF ESTEEM
- RESILIENCY/COPING

CONTACT:

PH; 403-504-8026

EMAIL;
RECEPTION@MHFAMILYSERVICE.COM

REPAIRING YOUR RELATIONSHIP

FOR COUPLES
WANTING TO
TAKE THEIR
RELATIONSHIP
TO THE NEXT
LEVEL

UPCOMING DATES;
DEC 5TH, 2023
JAN 9TH, 2024
FEB 13TH, 2024
MAR 12TH, 2024
APRIL 9TH, 2024
MAY 14TH, 2024
JUNE 11TH, 2024

TIME; 530PM-730PM

LOCATION;
MEDICINE HAT PUBLIC LIBRARY

INFERTILITY, PREGNANCY LOSS AND INFANT LOSS SUPPORT GROUP

IN PARTNERSHIP WITH MEDICINE HAT
HEALTH FOUNDATION

UPCOMING DATES;
DEC 13TH, 2023
JAN 10TH, 2024
FEB 21ST, 2024
MAR 13, 2024
APRIL 10TH, 2024
MAY 8TH, 2024
JUNE 12TH, 2024

LOCATION;
CHAMBER OF
COMMERCE

PUBLIC LIBRARY
(FEBRUARY
SESSION)

TIME; 630PM-830PM

LITTLE SPARKS: IGNITING STRENGTH AFTER DIVORCE (SUPPORT GROUP FOR CHILDREN)

IN PARTNERSHIP WITH UNITED
WAY SOUTH EASTERN ALBERTA

LOCATION; MEDICINE HAT FAMILY SERVICE

UPCOMING DATES; (WEEKLY)

- GROUP 1; JAN 16TH - FEB 20TH, 2024
- GROUP 2; MARCH 7TH - APRIL 11TH, 2024
- GROUP 3; APRIL 30TH - JUNE 4TH, 2024
- GROUP 4; SEPT 17TH - OCT 22ND, 2024
- GROUP 5; NOV 7TH - DEC 13TH, 2024

TIME; 530PM-7PM

TEEN SUPPORT GROUP



TOPICS OF DISCUSSION



- Grief and loss
- Depression and Anxiety
- Boundaries and Consent
- Bullying and Harassment
- Healthy Relationships
- Gender Identity and Self Esteem
- Resiliency and Coping

WHEN AND WHERE?

Location: Be Youth Center
1201 Kingsway Ave SE #102,
Medicine Hat

Time: 4:00 pm-5:00pm
Every second Wednesday starting
November 8, 2023 - June 20, 2024.



WHO CAN JOIN?

- Teens ages
12yr -18yr.
- Cost is Free!!!
- Closed Group



OPEN GROUP DISCUSSIONS AMONG PEERS

Please register at Medicine
Hat Family Service
403-504-8026
Parent consent required



Community



TRIAL DAYS
APRIL 27TH 11AM-3PM
BMX TRIAL DAY
MAY 13TH 6PM-8PM
BMX TRIAL NIGHT
MAY 26TH 11AM-3PM
BMX DAY IN ALBERTA
JULY 6TH 11AM-3PM
BMX TRIAL DAY

**WEATHER PERMITTING
FOLLOW OUR PAGE FOR UPDATES**

**OUR CONCESSION
WILL BE OPEN**



**WANT TO TRY BMX?
JOIN US FOR OPEN TRACK DAYS**
We are hosting free open track events to allow people to experience what BMX racing is. BMX is fun for all ages and skill levels.

WHAT TO BRING:
Please wear long pants, long sleeved shirt, and runners. If you have a full faced helmet and riding gloves you can bring them, but we can also supply them.
Bring any bike you have! If you want to try ours, that's cool too!

WHY JOIN BMX?

- ✓ Great Physical Activity
- ✓ Great Value
- ✓ Solo and Team Sportsmanship
- ✓ Make Lifelong Connections
- ✓ Teaches Resiliency and Adaptability
- ✓ Great for Mental Health
- ✓ Join Top Level Provincial Riders
- ✓ It's Fun!



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Janice Herman

Janice is using Smore to create beautiful newsletters